

# Youth Leader's Handbook

*A Simple Field Guide to Multiply Young Disciples and Raise Spirit-Led Leaders*



Rooted in Jesus. Led by the Spirit.  
Living in Simplicity.

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## **Our Vision**

To raise a generation of young people who:

- Know Jesus deeply
- Obey Him fully
- Make disciples boldly
- Lead others with humility and power

**“Don’t let anyone look down on you because you are young...”**  
— 1 Timothy 4:12

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## **What’s Inside**

1. 3-Phase Youth Discipleship Journey
  2. Weekly Group Format (DBS + Obedience)
  3. 26-Week Discovery Bible Plan
  4. Youth Skills Checklist
  5. Monthly Outreach Ideas
  6. Leader Development Habits
  7. Coaching/Accountability Model
  8. Commissioning Template
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## **1. 3-Phase Youth Journey**

### **Phase 1: Know Who You Are**

Theme: *Identity*

- Ephesians 1, Psalm 139, John 3
- Teach youth who they are in Christ
- Break shame, fear, and false identity

## **Phase 2: Obey What He Says**

Theme: *Discipleship*

- John 15, James 1, Matthew 5–7
- Train in prayer, purity, Scripture, and surrender
- Emphasize daily obedience and lifestyle holiness

## **Phase 3: Do What He Did**

Theme: *Multiplication*

- Matthew 28, Acts 1–2, 2 Timothy 2:2
- Youth lead groups, pray for healing, share gospel
- Empower them to train others

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## **2. Weekly Youth Group Format**

Keep it 60–75 minutes. Empower youth to lead parts.

### **WELCOME + WORSHIP (10–15 min)**

- Sing, dance, read a psalm, or pray
- Let different youth lead each week

### **DISCOVERY BIBLE STUDY (30–40 min)**

- Read or tell a Bible story
- Ask:
  1. What do we learn about **God**?
  2. What do we learn about **people**?
  3. How will I **obey** this?
  4. Who will I **tell**?

### **ACCOUNTABILITY & TESTIMONY (10 min)**

- Who obeyed last week? Who told someone?
- Celebrate growth!

### **OBEDIENCE CHALLENGE (5–10 min)**

- Ask: “What will you do this week?”
- Assign a peer to follow up

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## **3. 26-Week Youth Discovery Bible Plan (Sample)**

| Week | Story     | Theme                  |
|------|-----------|------------------------|
| 1    | Genesis 1 | Made in God’s image    |
| 2    | John 3    | God’s love & salvation |

|    |                 |                         |
|----|-----------------|-------------------------|
| 3  | Psalm 139       | God knows me            |
| 4  | Luke 15         | God welcomes the lost   |
| 5  | Matthew 4:18–22 | Jesus calls us          |
| 6  | Matthew 5:1–12  | Kingdom character       |
| 7  | John 15         | Stay connected to Jesus |
| 8  | Galatians 5     | Spirit vs flesh         |
| 9  | Luke 10         | Love your neighbor      |
| 10 | Acts 2          | Filled with the Spirit  |
| 11 | Matthew 28      | Make disciples          |
| 12 | Acts 3          | Bold faith & healing    |

*(Continue to 26 with stories from Jesus, Acts, and real-life discipleship)*

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## 4. Youth Leadership Skills Checklist

Each youth should be trained to:

- Share their testimony
  - Share the gospel (3 Circles or story)
  - Lead a Discovery Bible session
  - Start a discipleship group
  - Pray for someone out loud
  - Fast for one day
  - Pray for healing or breakthrough
  - Serve in community or family
  - Coach another youth leader
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## 5. Monthly Outreach Ideas

Youth groups can:

- Visit the sick and pray for them
  - Clean and bless a street or compound
  - Host a youth worship night
  - Share testimonies at school or church
  - Send gospel voice notes via WhatsApp
  - Organize a sports outreach + Bible story
  - Partner with other groups for village mission days
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## 6. Leader Development Habits

Great youth leaders...

- ✓ Meet with God daily (Word + prayer)
- ✓ Live what they teach
- ✓ Keep things simple and clear
- ✓ Share leadership (don't control)
- ✓ Multiply others, not just manage a group

“You teach what you know — you reproduce who you are.”

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## 7. Coaching & Accountability Model

Meet with each youth leader **once per month**:

**Ask 3 Questions:**

1. What is God teaching you right now?
2. Who are you discipling?
3. Where are you struggling or disobeying?

**Pray with them. Don't just manage — form them.**

Use peer-to-peer accountability to follow up weekly.

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## 8. Commissioning Template

*(Use after completing the Youth Track or launching a new youth leader)*

### Leader Declaration:

"I am a disciple of Jesus.  
I live to know Him, obey Him, and make Him known.  
I will lead with love, serve with joy, and multiply what God has given me.  
I am not too young — I am chosen and empowered.  
I am a youth leader for the glory of God."

 **Signed:** \_\_\_\_\_

 **Date:** \_\_\_\_\_

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## Final Challenge to Youth Leaders

- Start your own Discovery group
- Share your testimony every month
- Train at least 1 new youth to lead
- Fast & pray for your generation
- Walk in purity, boldness, and surrender
- Lead like Jesus — with love and power