



Training the Trainer Discipleship Toolkit

Multiplying Leaders Who Make Disciples Who Make Disciples



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Toolkit Purpose

This is not a Bible school. It's a **multiplication engine** — training ordinary believers to:

- Disciple others with confidence
 - Train future leaders using reproducible tools
 - Multiply simple church gatherings
 - Build *people*, not programs
 - Follow the Holy Spirit, not human systems
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Toolkit Contents

This Training Toolkit equips you with:

1. **Simple 4-Session Trainer Guide** (outlined below)
 2. **Foundry Discipleship Starter Pathway**
 3. **Desolate Places Formation Tool**
 4. **Trainer's Reproducibility Grid**
 5. **One-Page Obedience Discipleship Model**
 6. **Multiplication Map Template**
 7. **Leadership Health Self-Check**
 8. **Prayer & Fasting Integration Plan**
 9. **Trainer Commissioning Template**
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Foundational Assumptions

- ✓ Every believer is a disciple
 - ✓ Every disciple can disciple others
 - ✓ Discipleship must be **obedience-based, not knowledge-based**
 - ✓ Leaders must **model** what they teach
 - ✓ What you cannot **train others to do**, you have not yet mastered
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4-SESSION TRAINER EQUIPPING PATHWAY

Each session trains disciples to **become disciple-makers** and trainers of trainers.

You can deliver this as:

- A 2-day in-person workshop
 - Four weekly cohort meetings
 - A Zoom or WhatsApp audio training series
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Session 1: What Is a Disciple?

 **Scripture Focus: Matthew 4:19 | John 8:31**

 **Goal:** Redefine discipleship as a lifestyle of **following, being formed, and fishing**.

 **Trainer Objectives:**

- Identify the difference between *conversion* and *discipleship*
- Introduce The Foundry 52-week journey
- Practice sharing your testimony and “why I disciple”

 **Trainer Tools:**

- Foundry Week 1 ("What Is a Disciple?")
 - One-page **Obedience Discipleship Model**
 - Role play: "How would you start discipling a new believer?"
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Session 2: Discipleship Must Multiply

 **Scripture Focus: 2 Timothy 2:2 | Acts 19:9–10**

 **Goal:** Train leaders to think generationally — 4 generations deep.

Trainer Objectives:

- Teach the “**train to release**” principle
- Map their current and potential disciples
- Practice launching a Foundry group or Desolate Places journey

Trainer Tools:

- **Multiplication Map Template** (draw or list your disciples + future trainers)
 - Foundry Week 4 (“Multiplying the Work”)
 - Testimony from someone who’s already multiplied
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Session 3: Leading With Surrender

 **Scripture Focus: Luke 9:23 | John 3:30**

 **Goal:** Address the character and humility required for Kingdom leaders.

Trainer Objectives:

- Walk through Week 2 or 3 of *Desolate Places*
- Journal and share from their own breaking
- Pray with one another for hidden issues, pride, or fear

Trainer Tools:

- **Leadership Health Self-Check**
 - Desolate Places: Week 2 — Brokenness Before Usefulness
 - Model: “I lead best when I’m most surrendered”
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Session 4: Training for Reproducibility

Scripture Focus: Luke 10 | Acts 1:8

 **Goal:** Equip trainers to train others with **tools anyone can use**.

Trainer Objectives:

- Practice using each core tool:
 - ☐ Foundry session
 - ☐ Desolate Places journaling
 - ☐ 5-step healing/deliverance model
 - ☐ 3-questions Discovery Bible format
- Assign: Launch your own discipleship group in 7 days
- Lay hands and commission every trainer

Trainer Tools:

- **Trainer’s Reproducibility Grid** (What tools can I pass on easily?)
- **Commissioning Template** (blessing for new trainers)



TRAINER'S REPRODUCIBILITY GRID (Preview)

Tool or Skill	Can I Model It?	Can I Train It?	Will It Multiply?
Share my story/testimony	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
Lead a Foundry session	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
Start a discipleship group	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
Train someone to do the same	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No



TRAINER COMMISSIONING DECLARATION

"I am not just a disciple.

I am a disciple-maker.

I will walk in surrender, not pride.

I will equip others to follow Jesus, obey the Word, and multiply the Kingdom.

I am sent. I am empowered. I am ready."



Signed: _____



Date: _____



Toolkit Challenge

Within 30 days, each trained leader will:

- ☐ Start their own discipleship group (Foundry or Desolate Places)
- ☐ Train one other person to start a group

- ☐ Commit to 3 months of consistent investment into those they disciple
- ☐ Submit a testimony of breakthrough or multiplication