

Monthly Recharge & Renewal Guide (For Pastoral Teams)



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WEEKLY RHYTHM:

WEEK 1: Personal soul check + prayer retreat (2–3 hours) **WEEK 2:** Leadership peer check-in (WhatsApp or in person) **WEEK 3:** Family Sabbath (no ministry, just rest) **WEEK 4:** Reflect + refocus: What did God say this month?



MONTHLY GATHERING FORMAT (2 Hours):

1. Worship + Scripture (15 min)
2. Reflection: Where am I spiritually dry or full? (15 min)
3. Group Prayer & Encouragement (30 min)
4. Learning Time (short teaching or testimony) (30 min)
5. Communion or Prophetic Prayer (30 min)