



Family Discipleship Toolkit

*Equipping Households to Walk in the Word, Worship, and Obedience
Together*



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Purpose

To help every home — whether led by a parent, grandparent, guardian, or spiritual mentor — become:

- A place of daily worship
- A center for Scripture and prayer
- A training ground for obedience
- A mission base to reach others

“These commandments that I give you today are to be on your hearts. Teach them diligently to your children...”

— Deuteronomy 6:6–7

Toolkit Contents

1. **Weekly Family Rhythm Model**
 2. **Simple Discovery Bible Template for Families**
 3. **30-Day Family Discipleship Challenge**
 4. **Prayer & Worship Prompts for All Ages**
 5. **Family Mission Ideas (Outreach & Service)**
 6. **Storytelling & Testimony Tools**
 7. **Sample Conversation Guides for Parents**
 8. **Spiritual Milestones Map**
 9. **Bonus: Children’s Scripture Memory List**
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1. Weekly Family Discipleship Rhythm

Recommended Format: 15–30 minutes, 3–5 times per week

Keep it simple. Focus on consistency, not perfection.

Day	Focus	Activity
Mon/Tue	Word	Discovery Bible Study
Wed	Prayer	Family prayer focus
Fri	Worship	Sing, play songs, dance, or journal
Weekend	Mission	Serve neighbors or share gospel
Anytime	Conversation	Talk about God at meals, walks



2. Discovery Bible for Families

Use with any Bible story or passage — even oral retellings.



Ask These 5 Simple Questions:

1. **What do we learn about God?**
2. **What do we learn about people?**
3. **Is there a sin to avoid or a promise to believe?**
4. **What will we do to obey this story?**
5. **Who will we tell this to?**



Example passage: Luke 10:25–37 (Good Samaritan)



3. 30-Day Family Discipleship Challenge

 Print or draw this as a checklist or calendar

- ☐ Pray together as a family 5 days this week
- ☐ Memorize 1 Bible verse together
- ☐ Tell someone outside your home about Jesus
- ☐ Forgive someone in your family
- ☐ Dance or sing worship as a family
- ☐ Give to someone in need
- ☐ Ask your child: "What is God showing you?"
- ☐ Have each child pray for the parent
- ☐ Eat one meal with phones turned off & talk about Jesus
- ☐ Visit or encourage another family

Goal: Develop habits that last a lifetime



4. Prayer & Worship Prompts

Daily Prayer Pattern (Simple A.C.T.S.):

- **A – Adoration:** "God, You are ____"
- **C – Confession:** "Forgive us for ____"
- **T – Thanksgiving:** "Thank You for ____"

- **S – Supplication** (asking): “Please help _____”

Worship Ideas:

- Clap and sing children’s songs
 - Let kids create dances or motions to songs
 - Make instruments from buckets, cans, or rice shakers
 - Have a “worship leader of the day”
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5. Family Mission Ideas

Teach children to **live on mission** with Jesus.

- Visit a widow or sick person and pray for them
 - Give food to a struggling neighbor
 - Clean someone’s yard or home
 - Invite another family to your house for Bible sharing
 - Let children share testimonies at school or with friends
 - Pray over the street or neighborhood together
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6. Testimony & Storytelling Tool

Train every child and adult to share their story.

 **3-Point Testimony:**

1. **Before Jesus...**
2. **How I met Jesus...**
3. **Now my life is...**

Let children and parents practice with one another. Even 5-year-olds can do this!

7. Conversation Starters for Parents

- “What do you think God is like?”
 - “Have you heard His voice before?”
 - “What is one thing we could obey from the Bible today?”
 - “What friend could we invite to learn with us?”
 - “If Jesus walked into our house right now, what would you do?”
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8. Spiritual Milestones Map

Mark these moments in a child's journey:

- First time hearing the gospel
- First prayer of repentance
- First baptism
- First time praying out loud
- First Scripture memorized
- First act of mission or service

- First time leading Bible time for others

🎉 Celebrate each milestone with joy — a meal, song, testimony, etc.

9. Scripture Memory List (Simple Core Verses)

Start with these (use songs, hand motions, or drawings):

1. John 3:16 – God’s love
 2. Psalm 119:105 – God’s Word as light
 3. Romans 6:23 – Sin and salvation
 4. Philippians 4:13 – Strength in Christ
 5. Proverbs 3:5 – Trust in the Lord
 6. Matthew 22:37 – Love God first
 7. Joshua 1:9 – Courage
 8. 1 John 1:9 – Confession and forgiveness
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Final Blessing for the Home

“Lord, make this home a place of peace,
where children learn Your ways,
where truth is spoken,
where worship rises,
where joy lives,
and where every generation follows You.
Let our family be a light in our community.
In Jesus’ name, amen.”

 Signed (Head of Household): _____



Date: _____